January

1. What is your number one goal this year?
2. What are you most grateful for?
3. Are you content?
4. What is your best memory of last year?
5. What was the last major accomplishment you had?
6. What possession could you not live without?
7. Can people change?
8. What is the last “good” thing you ate?
9. What is your current favorite snack?
10. What made you smile today?
11. What’s your favorite accessory?
12. What is making you mad?
13. What did you have for dinner today?
14. What did you get done?
15. Who last called you on the phone?
16. Who are you in love with?
17. What are you grateful for?
18. The best part of today was ______________.
19. My current favorite website is ________________.
20. What was the hardest thing you’re dealing with?
21. Today I wish I had more ________________.
22. Tomorrow will be better because ________________.
23. What made today unusual?
24. What are you looking for from life?
25. What is your favorite thing to drink?
26. Today the temperature was ________________.
27. How much did you spend at the grocery store the last time you went?
28. Tomorrow I will ____________________.
29. What was your last major purchase?
30. My house is a home because ________________.
31. Who is the last person to tell you they loved you?